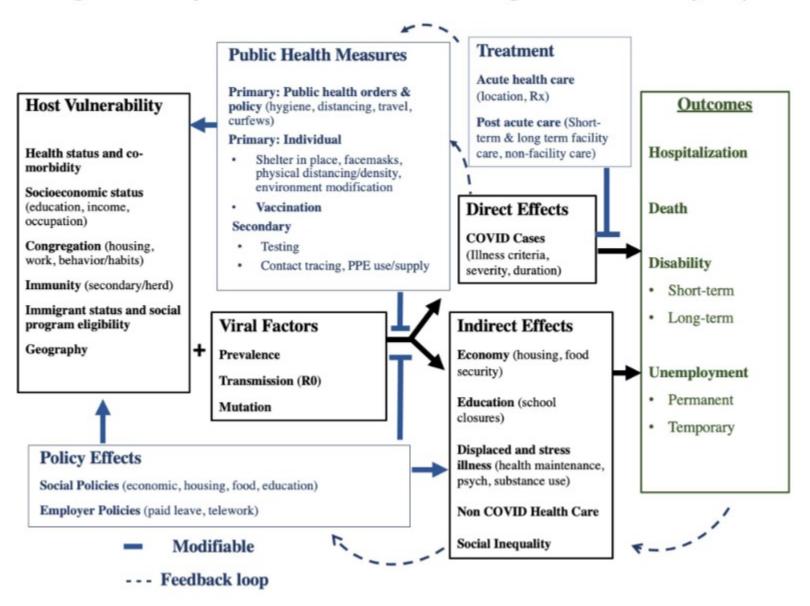
COVID-19 UPDATE: PUBLIC HEALTH IMPACT OF COVID-19

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Medical Director, Hospital Epidemiology, UNC Medical Center
University of North Carolina at Chapel Hill



Figure 1: Conceptual Framework of Factors Affecting the Pandemic's Trajectory



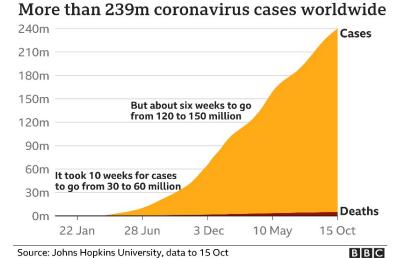
Credit: COVID-19 Task Force Epidemiology Working Group, National Academy of Social Insurance

COVID-19 AROUND THE WORLD

Coronavirus around the world



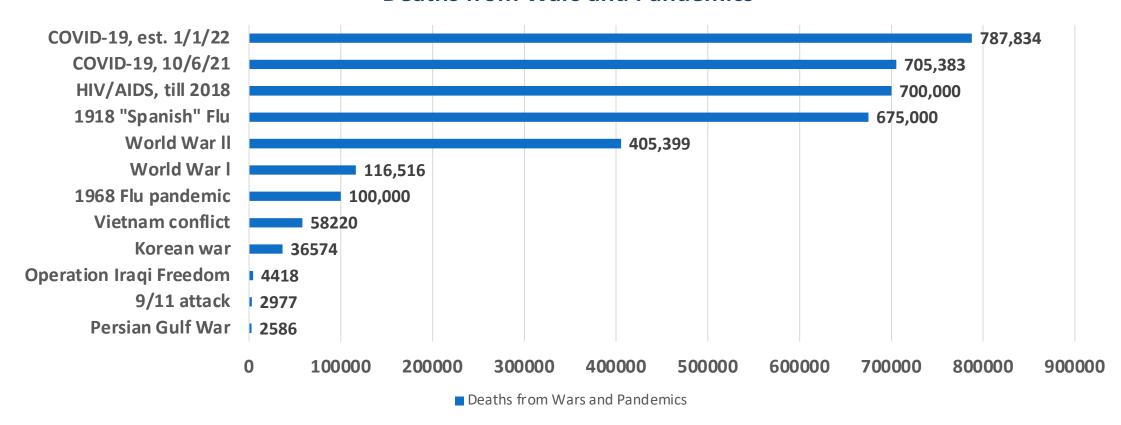
Source: Johns Hopkins University, national public health agencies, 15 Oct BBC NEWS





Deaths from COVID-19 and Other Pandemics and Wars, US

Deaths from Wars and Pandemics





Leading Causes of Death, US, 2015-2020

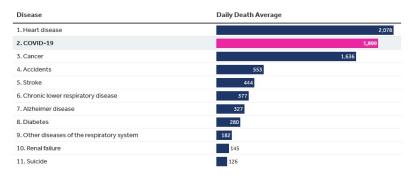
Cause of death	No. of deaths by year						
	2015	2016	2017	2018	2019	2020	
Total deaths	2712630	2744248	2813503	2839205	2 854 838	3 358 814	
Heart disease	633 842	635 260	647 457	655 381	659 041	690882	
Cancer	595 930	598 038	599 108	599 274	599 601	598 932	
COVID-19 ^b						345 323	
Unintentional injuries	146 571	161 374	169 936	167 127	173 040	192 176	
Stroke	140 323	142 142	146 383	147 810	150 005	159 050	
Chronic lower respiratory diseases	155 041	154596	160 201	159 486	156 979	151 637	
Alzheimer disease	110561	116 103	121 404	122 019	121 499	133 382	
Diabetes	79 535	80 058	83 564	84 946	87 647	101 106	
Influenza and pneumonia	57 062	51 537	55 672	59 120	49 783	53 495	
Kidney disease	49 959	50 046	50 633	51 386	51 565	52 260	
Suicide	44 193	44 965	47 173	48 344	47 511	44834	

^a Leading causes are classified according to underlying cause and presented according to the number of deaths among US residents. For more information, see the article by Heron. ⁴ Source: National Center for Health Statistics. National Vital Statistics System: mortality statistics (http://www.cdc.gov/nchs/ deaths.htm). Data for 2015-2019 are final; data for 2020 are provisional.

TOTAL DEATHS US, ~723,000 World, ~4,890,000

COVID-19 was the 2nd leading cause of death in the U.S. in September 2021

Average daily deaths in the United States from COVID-19 (September 2021) and other leading causes (2021)



Notes: The COVID-19 daily death average is for September 1 - September 30, 2021 and is based on KFF COVID-19 tracker data. Accidents and suicide daily death averages are for 2020. The Aizheimer disease death average is calculated from the first day of January 2021 to the last day of June 2021. Average daily deaths for all other leading causes are from the DCD and are from the beginning of 2021 to the last MIWIRW week of June 2021.

Source: KFF analysis of CDC mortality and KFF COVID-19 tracker data • Get the data • PNG

Health System Tracker

Number dying each day: Heart disease, 2,000; cancer 1,600; COVID-19 Sept, 1,899

Ahmad FB, Anderson RN. JAMA ;325:1829-30; https://www.healthsystemtracker.org/brief/covid19-and-other-leading-causes-of-death-in-the-us/



^b Deaths with confirmed or presumed COVID-19, coded to International Statistical Classification of Diseases and Related Health Problems, Tenth Revision code UO7.1 as the underlying cause of death.

IMPACT OF COVID-19 ON LIFE EXPECTANCY, US AND UK

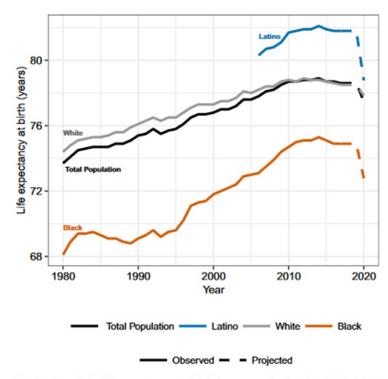


Fig. 2. Trends in life expectancy at birth by race and ethnicity: 1980–2020. Note that the data for the Black and White populations prior to 2006 include Latinos; data for these groups from 2006 onward are for the non-Latino Black and non-Latino White populations. The projections for 2020 are based on the IHME current projection scenario (October 9, 2020 update).

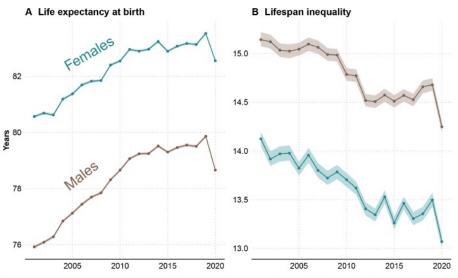


Figure 3 Life expectancy and lifespan inequality (SD of ages at death) estimates for the periods 2001–2019, and for 2020 considering the first 47 weeks of the year by sex. Shaded areas represent 95% prediction intervals.

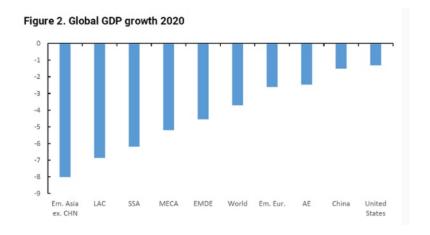
The Impact of Coronavirus on Households Across America, Robert Wood Johnson Foundation, SEPTEMBER 2020

- At least half of households in the four largest U.S. cities—New York City (53%), Los Angeles (56%), Chicago (50%), and Houston (63%)—report serious financial problems including depleted savings, and trouble paying bills or affording medical care.
- Many of these experiences are concentrated among Black and Latino households; households with annual incomes below \$100,000; and households experiencing job or wage losses since the start of the outbreak.
- At least four in ten Latino, Black, and Native American households report using up all or most of their household savings during this time.
- One in five households in the United States (20%) report household members unable to get medical care for serious problems. A majority unable to get care when needed (57%) report negative health consequences as a result.
- More than 1 in 3 households that include anyone with a disability report facing serious financial problems, many
 experiencing difficulty affording utilities and food.
- More than one in three (36%) households with children face serious problems keeping their children's education going, and among working households, nearly one in five (18%) report serious problems getting childcare when adults need to work.
- About one in three households with children (34%) either do not have a high-speed internet connection at home or report serious problems with their connection while doing schoolwork or their jobs during the pandemic.

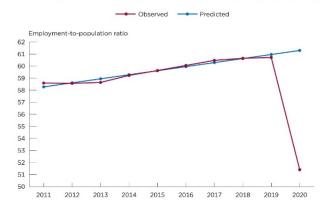


IMPACT OF COVID, WORLDWIDE AND US

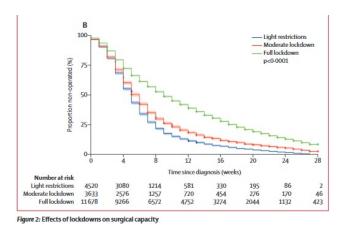
https://www.brookings.ed u/research/social-andeconomic-impact-ofcovid-19

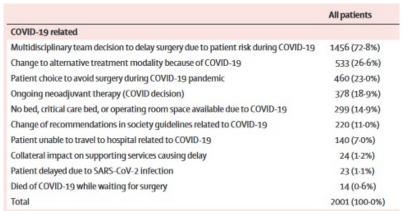






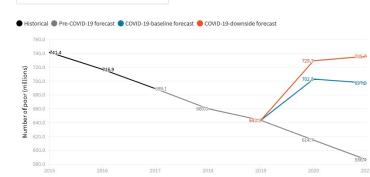
https://www.census.gov/library/stories/2021/03/initial-impact-covid-19-on-united-states-economy-more-widespread-than-on-mortality.html





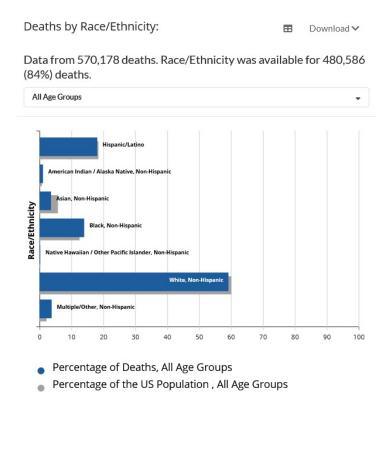
Effect of COVID-19 pandemic lockdowns on planned cancer surgery for 15 tumor types in 61 countries: an international, prospective, cohort study, Lancet Oncology 2021





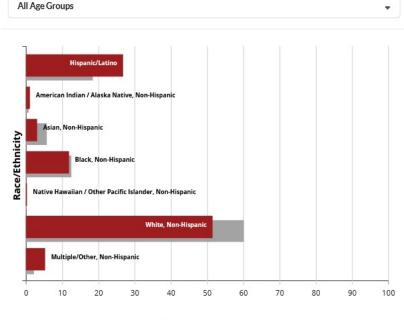
https://blogs.worldbank.org/voices/2020-year-review-impact-covid-19-12-charts

COVID-19 CASES/DEATHS, DISPARITIES, US



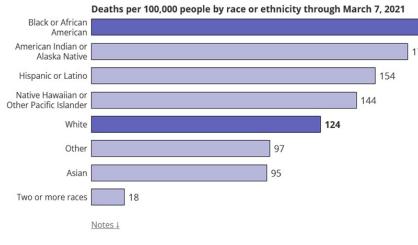


Data from 34,525,119 cases. Race/Ethnicity was available for 22,424,493 (64%) cases.



- Percentage of Cases, All Age Groups
- Percentage of the US Population , All Age Groups

Nationwide, Black people have died at 1.4 times the rate of white people.



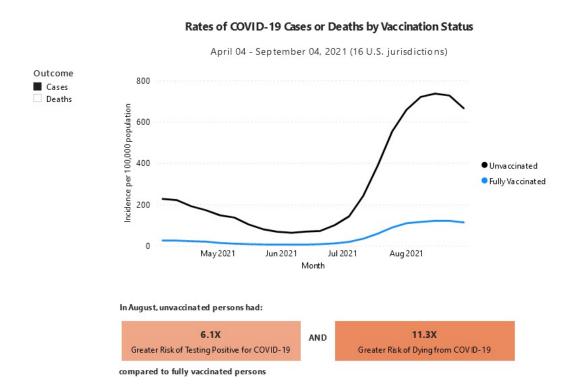
We've lost at least 73,462 Black lives to COVID-19 to date. Black people account for 15% of COVID-19 deaths where race is known.

https://covidtracking.com/race

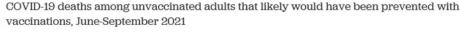


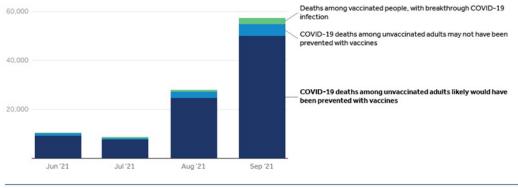
178

IMPACT OF COVID-19 VACCINES ON DEATHS, US



Over 90,000 COVID-19 deaths since June 2021 likely would have been prevented with vaccinations





https://covid.cdc.gov/covid-data-tracker/#ratesby-vaccine-status https://www.healthsystemtracker.org/brief/covid19-and-other-leading-causes-of-death-in-the-us/

MENTAL HEALTH ISSUES

- Methods: To evaluate mental health conditions among these workers, a nonprobability-based online survey was conducted during 3/29-4/6/21, among UA public health workers
- Results: Among 26,174 respondents, 53.0% reported symptoms of at least one mental health condition in the preceding 2 weeks, including depression (32.0%), anxiety (30.3%), PTSD (36.8%), or suicidal ideation (8.4%). Severity of symptoms increased with increasing weekly work hours and percentage of work time edicated to COVID-19 response activities.
- Conclusion: Implementing prevention and control practices that eliminate, reduce, and manage factors that cause or contribute to public health workers' poor mental health might improve mental health outcomes during emergencies.

TABLE 2. Traumatic events or stressors reported by 26,174 state, tribal, local, and territorial public health workers and comparisons* of symptoms of post-traumatic stress disorder† — United States, March–April 2021

Traumatic event or stressor/Response	No. [§]	PTSD prevalence, %	PTSD PR (95% CI
Personal-related	1 1 1 1 1	8	
Had COVID-19			
Yes¶	2,834	36.7	1.03 (0.98-1.09)
Maybe**	3,310	42.4	1.19 (1.14-1.25)
No	16,266	35.6	Ref
Got divorced or separated			
Yes	747	49.6	1.36 (1.27-1.47)
No	22,084	36.3	Ref
Experienced death of a loved one			
/es	7,580	42.3	1.24 (1.20-1.29)
No	15,403	34.0	Ref
Norried about the health of family and loved ones			
Yes	20,857	39.4	3.11 (2.77-3.48)
No.	2,203	12.7	S.11 (2.77-3.46)
Felt isolated and alone	2,200	T dear	NCI
Yes	12,944	49.8	2.49 (2.38-2.60)
No.	10,080	20.0	2.49 (2.36–2.60) Ref
	10,000	20.0	nei
Work-related			
Felt overwhelmed by workload or family/work balance			
Yes	16,563	45.4	3.10 (2.91-3.30)
No	6,451	14.7	Ref
Felt disconnected from family and friends because of workload			
Yes	14,051	49.0	2.77 (2.64-2.91)
No	8,964	17.7	Ref
Felt inadequately compensated for work			
Yes	13,703	45.2	1.85 (1.78-1.93)
No	9,101	24.4	Ref
Felt unappreciated at work			
Yes	12,362	46.5	1.82 (1.76-1.90)
No	10,551	25.5	Ref
Experienced stigma or discrimination because of work	100000000		
Yes	5,962	56.2	1.88 (1.82-1.94)
No	16,944	29.9	Ref
Received job-related threats because of work		-	
Yes	2,699	61.8	1.85 (1.78-1.92)
No.	20,262	33.4	Ref
	20,202		
Felt bullied, threatened, or harassed because of work Yes	5,376	59.0	1.97 (1.91-2.03)
No.	17,594	30.0	1.97 (1.91–2.03) Ref
	11,554	30.0	nei
nteracted often with the public Yes	11.142	41.1	1 22 /1 10 1 20
ves No	11,143		1.23 (1.19–1.28) Ref
\$10.00 miletide 20 1 miletide 30 40 00000000000000000000000000000000	13,318	33.3	Ket
Worried about workplace exposure to COVID-19		47.6	
Yes	11,197	42.6	1.36 (1.31-1.41)
No	11,805	31.3	Ref

Abbreviations: IES-6 = 6-item Impact of Event Scale; PR = prevalence ratio; PTSD = post-traumatic stress disorder; Ref = referent group.

Referent group for all prevalence ratio calculations was not experiencing the traumatic event/stressor (i.e., "No" category).

[†] Experienced symptoms of post-traumatic stress disorder in the 2 weeks preceding survey, defined as having an IES-6 score ≥1.75 out of 4.

⁵ Some categories might not sum to 26,174; only those respondents who completed IES-6 questions (N = 22,248) are included in analysis.

Positive COVID-19 test or diagnosis by medical professional.

^{**} Had symptoms compatible with COVID-19 but not tested or test inconclusive.

LONG-COVID-19 SYNDROME

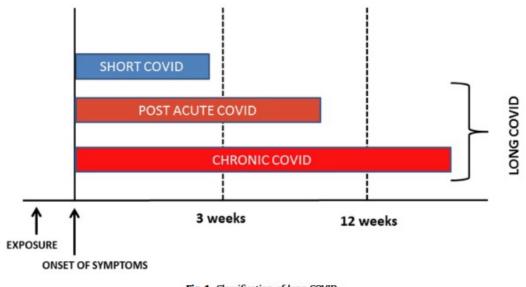


Fig. 1. Classification of long COVID.

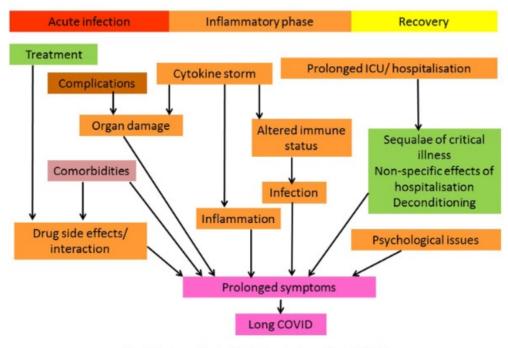


Fig. 2. Various pathophysiological mechanism of "Long COVID".

Raveendran AV, et al. Diabetes & Metabolic Synrome: Clinical Research and Reviews 2021;15:869-875

FREQUENCY AND SYMPTOMS OF LONG-COVID-19

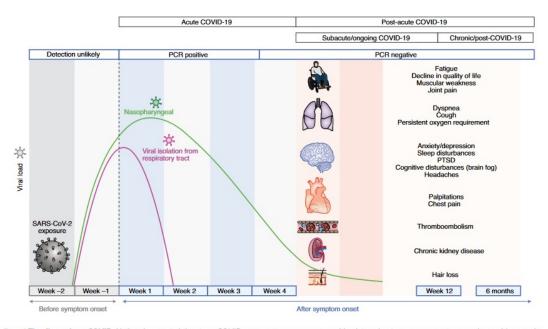


Fig. 1 | Timeline of long-COVID. Nalbandian et al. define long-COVID as persistent symptoms and/or delayed or long-term complications beyond four weeks from the onset of symptoms. Credit: Adapted with permission from A. Nalbandian et al. Nat. Med. 27, 601-615 (2021), Springer Nature

- Goal: Assess long-COVID-19 in large EMR database
- Methods: Retrospective cohort study using EMR data from 81 million patients, 273,618 COVID-19 survivors; incidence within 6 months and 3-6 months after diagnosis
- Results: Among COVID-19 survivors (mean [SD] age: 46.3 [19.8], 55.6% female), 57.00% had one or more long-COVID feature recorded during the whole 6-month period (i.e., including the acute phase), and 36.55% between 3 and 6 months.
 - 1 in 3 patients had one or more features of long-COVID recorded between 3 and 6 months after a diagnosis of COVID-19. This was significantly higher than after influenza.
 - 2 in 5 of the patients who had long-COVID features in the 3- to 6-month period, had no record of any such feature in the previous 3 months.
 - The risk of long-COVID features was higher in patients who had more severe COVID-19 illness, and slightly higher among females and young adults. White and non-white patients were equally affected.

Schmidt C. Nature Biotechnology 2021;39:908-913

THE COVID-19 PANDEMIC: LOOKING BACK AND LOOKING FORWARD, US RESPONSE

Missteps and Misinformation in US Pandemic Response

- Lack of a centralized, coordinated Federal response
- Executive Branch consistently minimized and trivialized risk of COVID-19
- US Public Health infrastructure woefully inadequate
- Slow development and scale-up of rapid, accurate, and widely available testing
- Inaccurate initial assumptions about transmission: Failure to focus on aerosol transmission; failure to recognize the importance of asymptomatic and pre-symptomatic spread
- Inadequate stockpiles of PPE and failure to rapidly ramp up production
- Initial failure to recommend masking by the public as a mitigation strategy
- Failure to initially focus on transmission in nursing homes

Major Remaining Pandemic Concerns

- Science denialism
- Politicization of pandemic response
- Vaccine hesitancy and resistance
- Vaccinations for children
- Evolution and spread of more highly transmissible and/or virulent variants
- Post-COVID-19 clinical issues
- Lack of public support for public health interventions (e.g., mask mandates) if /when another wave or new agent arrives
- Need for recurring boosters
- Unanticipated challenges
- Pandemic fatigue

Henderson D, Haessler S, Weber DJ. ICHE 2021;2 August